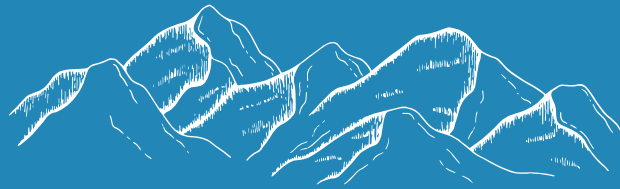




TREKKING TO K2 BASE CAMP - PAKISTAN



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INFORMATION ABOUT K2:

The K2 base camp trek finds its home nestled amidst the awe-inspiring Karakoram Mountain region of Pakistan. Situated at the foot of the formidable K2 Mountain, the base camp serves as a summer sanctuary for international mountain climbers and enthusiasts alike. Dominating the Baltoro region, K2 has magnetized explorers, climbers, and trekkers from across the globe for decades.

Enveloped by the grandeur of the Baltoro Glacier, the K2 base camp shares its neighbourhood with six other peaks towering over 7,925 meters and 19 peaks surpassing 7,600 meters, including the majestic Broad Peaks. The Karakoram Mountains of Pakistan, adorned with 260 miles of granite spires and colossal glaciers, offer a paradise for trekkers seeking adventure amidst breath-taking landscapes.

Altitude of K2 Base Camp:

The elevation of K2 base camp stands at 5,000 meters above sea level, necessitating full acclimatization before reaching the base camp. The acclimatization journey commences upon arrival in Skardu (2,230 m), gradually progressing through Rdukas and onwards to Concordia. The meticulously designed trek itinerary ensures a gradual altitude change, allowing trekkers to adapt seamlessly to the increasing elevation.

Distance of K2 Base Camp Trek:

Spanning 90 kilometers from Askoli, the K2 base camp trek unfolds through the last bastion of civilization in the Shigar Valley of Baltistan. Completing this distance typically takes 9-10 days of trekking, with daily walks averaging 5-6 hours. The journey commences with a scenic 7-hour jeep drive from Skardu to Askoli, tracing the mesmerizing path along the Indus and Shigar Rivers.



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Trek Difficulty and Fitness Requirements:

While climbing skills and mountaineering equipment are unnecessary, physical fitness and prior trekking experience are essential for the K2 base camp trek. Trekking predominantly on the rugged terrain of the Baltoro glacier demands good balance and endurance. Adequate preparation through activities like walking, cycling, swimming, or participating in boot camps ensures readiness for the trek. For those lacking experience in long-distance walking, customized itineraries with shorter walking days and more rest periods are available.

Best Time for K2 Base Camp Trek:

The peak trekking season spans from May to September, offering favourable temperatures ranging from 20°C to 25°C during the day at the base camp. While nighttime temperatures dip, the climate remains significantly milder compared to other months, enhancing the trekking experience.

Essential Gear and Clothing:

Trekking essentials include summer and high-altitude clothing to accommodate temperature variations, sturdy and supportive boots, and adequate layers to withstand changing weather conditions. Preparation is key, ensuring trekkers are equipped for the diverse terrain and climate encountered along the journey.



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ITINERARY

Itinerary Highlights:

The meticulously crafted itinerary guides trekkers through a transformative journey:

- **Arrival in Islamabad:** Briefing and gear check before embarking on the adventure.
- **Flight to Skardu:** Transitioning to Skardu, the gateway to the Karakoram.
- **Jeep Drive to Askole:** Traversing the scenic landscape to reach the last outpost of civilization.
- **Trekking Through Varied Landscapes:** From lush valleys to glacial expanses, each day presents new challenges and vistas.
- **Acclimatization:** Strategically planned rest days ensure optimal adaptation to high altitudes.
- **Summit to K2 Base Camp:** The pinnacle of the trek, offering unparalleled views of the Karakoram.
- **Return Journey:** Retracing steps, trekkers bid farewell to the majestic mountains, concluding an unforgettable adventure.



INCLUDED:

- UK / Local leaders
- Trekking t-shirt
- Photos / videos
- Emergency back up systems
- Airport pick and drop
- Hotel accommodation, twin bed room in Islamabad. Three night's standard Hotel air-condition rooms. Flight Ticket or transportation from Islamabad/ Skardu/ Islamabad with all expedition luggage.
- Three nights in Skardu Hotel (bed & breakfast)
- Two nights in Chilas/ Besham hotel (bed & breakfast) in case of flight cancellation.
- Jeeps: Skardu/Arandu/ Skardu
- Wages, insurance, food equipment the local team
- Personal Baggage, 50 kg (each way)
- Full board camp food during trek & at base camp.
- Mess tent, kitchen tent, store tent, table, and chairs & kitchen equipment
- Camping fees, road taxes & bridge crossing of expedition members & porters
- Porters' equipment
- Assistance in obtaining climbing permit and other documentations
- Briefing and debriefing in the Pakistan ministry of tourism
- Environmental protection fund.
- Fuel, tarpaulin, and stove for porters
- Kerosene oil for porters and members
- Toilet tent and shower tent

SERVICES

- International flights
- Sleeping bags, rucksacks and personal clothing
- Travel & medical insurance
- Room services, laundry charges, beverages and items of personal nature
- Phone /communication bills
- Tip to local staff
- Custom clearing and forwarding agent's charges

Cost £2300pp **



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