RIVER TYNE GRADE 2 WHITE WATER CANOEING DAY



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SPEND SOME TIME ON THE RIVER TYNE

As you paddle down the River Tyne from Wark to Chollerford, you'll be treated to breathtaking scenery. The journey offers a mix of serene waters through picturesque countryside and the exhilaration of white water rapids. You'll have the opportunity to enjoy the stunning Northumberland National Park, with its rolling hills and lush landscapes.

The River Tyne in this section provides a variety of white water challenges. While some areas are calm and peaceful, others feature fast-moving waters and thrilling grade II-III rapids. Whether you're a seasoned paddler or looking to test your skills, this route offers excitement and adventure.



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PREREQUISITE (WHAT EXPERIENCE SHOULD I HAVE) SUITABLE FOR AGES 12+

This adventure is for begiiners as well as people with canoeing experience. You will have completed one of our canoeing courses or trips already. Chat to us if you're unsure that you have the right experience.

You will be comfortable paddling in moving water conditions

WHAT'S INCLUDED

We provide you with all the canoe and safety equipment. Wetsuit – please check your wetsuit requirements, you will be asked to provide your required wetsuit size during the booking process.

- Buoyancy Aid
- Helmet
- Canoe & Paddle (in wet and windy conditions you will be supplied with a cagoule)
- Pictures from your session
- Transport
- Hot beverages and snacks



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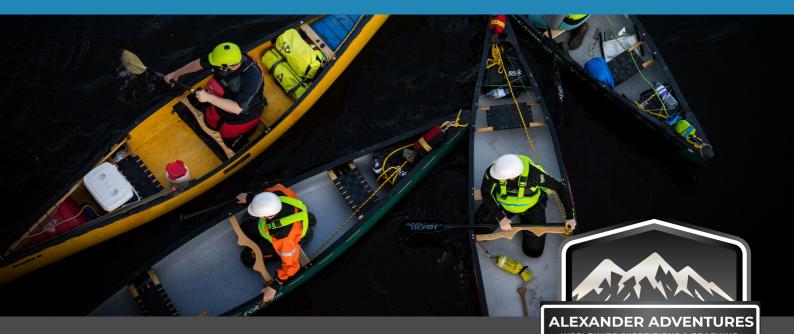
W W W . A L E X A N D E R A D V E N T U R E S . C O . U K



WHAT SHOULD I BRING TO THE ADVENTURE?

- Big fluffy towel
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 Swimwear for under your wetsuit,
 Soft shoes to wear in your kayak that might get wet!(no flipflops or sandals)
 Full change of clothes, including warm jumper
 Personal Medicine
 Water Bottle (Min 1L), (Hip Flask Optional)
 Roll of heavy-duty bin bags (for any wet gear)
 Lunch, snacks and drinks

This itinerary promises a full day of canoeing on one of Northumberland most beautiful river areas, complete with breaks for sustenance and rest. It's a great way to explore the stunning landscapes and environments that Northumberland have to offer while under the guidance of the experienced Alexander Adventures team.



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WHAT DO I NEED TO KNOW THE RIVER EDEN

The River Tyne varies from Grade 2-3 White Water with some smaller rapids to give you a small introduction into what white water paddle sports has to offer! You will learn some great skills whilst having fun along the way.

Our fantastic Alexander Adventures instructors will make sure you have a fantastic time and stay safe.

MEETING LOCATION:

The George Hotel, Chollerford, Hexham NE46 4EW

What 3 Words- ///laws.inclines.bonkers

KIT LIST:

- Canoe, wetsuit, helmet, buoyancy aids and paddle will be provided!
- Water bottle
- Appropriate shoes for the water (trainers, not sandals).
- Swimming costume for under wetsuit.



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