

ST ABBS GLAMPING & ADVENTURE WEEKEND

ST ABBS, BERWICKSHIRE



Accommodation - Camping Pods At Scoutscroft (1 Night)

Group size - Min 8 / Max 12

Meeting Point - www.verdantleisure.co.uk/scoutscroft/glamping

0191 903 9936

WWW.ALEXANDERADVENTURES.CO.UK



SPEND SOME TIME IN ST ABBS

A wonderful weekend of adventures on one of the most beautiful and dramatic stretches of coastline in UK.

Join us for a paddle past St Abbs head, famed for its seabird colonies, spectacular cliffs and crystal-clear waters. If we're lucky we'll be joined by some infamous dolphins, their playful and inquisitive natures will make a great addition to our adventure. In the past these wonderful creatures have swam and leapt out of the water very close to us (see the photograph to the right!)

On one of our days we will also be exploring this amazing stretch of coastline on foot - coasteering! What is coasteering you ask - well it's an action-packed, fun-filled, adventure full of jumps, caves, scrambling, rock pooling, rock climbing, swimming and **LOADS OF LAUGHTER!**

Please read on for the itinerary of the weekend. However please note that this is subject to change (due to weather conditions etc).



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SATURDAY

Welcome! Today you will meet the Alexander Adventures Team at Scoutscroft Leisure Park in Berwickshire. After settling in to our comfy glamping pods your welcome meeting will take place at the local pub. You will get to meet your fellow team members over a bite to eat and your guide will go through the plan for the weekend before we retire for the evening ready to get on the water tomorrow. This morning we will be learning Kayak skills and building confidence in the sheltered Coldingham Bay. After lunch on the beach we will take our skills onto the open sea and paddle North up the coast, passing Starney Bay & Horncastle Bay and exploring caves on the way to St Abbs Head. After a days paddling, we will then head back to base to fire up the BBQ for an evening of feasting under the stars.

SUNDAY

This morning we be Coasteering - you will get to experience parts of the coastline few people get to the venture to! Get your adrenaline pumping with a jump into the clear turquoise waters or just take in the stunning scenery if you prefer - there is no pressure to do anything too extreme! After a freshly prepared lunch, we will depart for home taking with us some amazing memories and perhaps some new friendships too!



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Prerequisite (what experience should I have)

Suitable for ages 13+

This adventure is suitable to all abilities, ranging from complete beginner to pro kayaker. You simply need to be comfortable being in the sea and up for an adventure! If you are an experienced Kayaker, please keep in mind that this trip will include people new to the sport - you may be better suited to one of our more advanced Kayak trips. Check out our website for our other Kayaking holidays.

What's included

We provide you with the sea kayaks and all safety equipment. Please check your wetsuit requirements, you will be asked to provide your required wetsuit size during the booking process.

- Buoyancy Aid
- Kayak, Paddle & Spray Deck
(in wet and windy conditions you will be supplied with a cagoule)
- Photographs & Go Pro Footage of your Adventure
- 1 nights camping (Pod Accommodation) - All Camping Equipment
(Excluding Sleeping Bag)
- 1 Breakfast, 1 x Lunch & 1 x Evening Campfire Meal



What should I bring to the adventure?

- Big fluffy towel and swimwear for under your wetsuit, soft shoes to wear in your kayak that might get wet!
- Sleeping Bag
- Full change of clothes, including warm jumper (for the campsite)
- Waterproof Jacket
- Warm Hat & Gloves
- Torch/Head-Torch (Spare Batteries)
- Personal Medicine
- Water Bottle (Min 1L), (Hip Flask Optional)
- Wash Kit/Toothbrush etc...
- Roll of heavy-duty bin bags (for any wet gear)
- Any preferred snacks and drinks



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