

# RIVER TWEED CANOEING ADVENTURE



0191 903 9936

WWW.ALEXANDERADVENTURES.CO.UK



# RIVER TWEED CANOEING ADVENTURE

Looking for an adventure? Then look no further than the river Tweed! You'll be joining us on a guided canoe trip where you'll paddle through some of the most beautiful scenery in Scotland and England.

The River Tweed is perfect for canoeing, with a mix of rapids and calm sections that will make it ideal for all levels. And our experienced guides will be on hand to help you every step of the way.

We'll camp overnight on one of the islands in the river, giving you the chance to relax by the campfire and enjoy the peace and quiet of the evening.



0191 903 9936

WWW.ALEXANDERADVENTURES.CO.UK



# RIVER TWEED CANOEING ADVENTURE

Some highlights of this adventure include:

- Enjoy wild camping in a beautiful remote location on an island on the River Tweed.
- Join one of the most classic UK canoe trips
- The opportunity to see some amazing wildlife along the river.
- Freshly prepared food, cooked and prepared by our Alexander Adventures team is included.
- Top class equipment provided
- Transport available from our base in Newcastle
- Qualified and experienced white water canoe guides



0191 903 9936

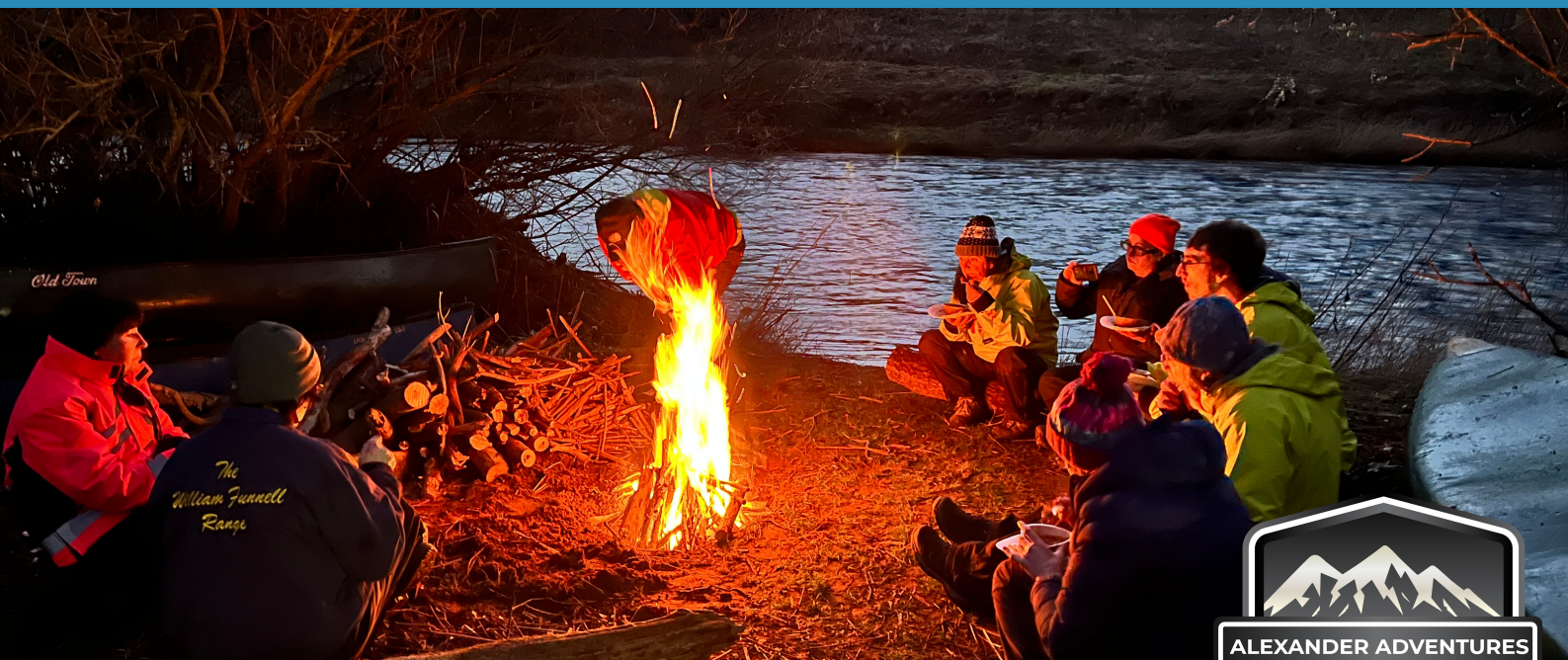
WWW.ALEXANDERADVENTURES.CO.UK

# RIVER TWEED CANOEING ADVENTURE

## Day by day itinerary:

### Day 1

After meeting at our expedition base in Newcastle, we'll set off on our canoeing adventure. Our team will help you pack your canoe and give you the skills you need to navigate down rapids. Hopefully, we'll spot some local otters as we paddle down the river. We'll stop for a hot lunch on the riverbank, before camping at our remote wild camp. The team will put up tents and the guilds will have the kettle and cakes ready for us. Our team will have the fire ready in the evening for cooking our meal under the stars with a few drinks, chatting about our day on the river.



0191 903 9936

WWW.ALEXANDERADVENTURES.CO.UK

# RIVER TWEED CANOEING ADVENTURE

## Day 2

After a leisurely breakfast, we'll pack up camp and load the canoes for day two down the river Tweed. The scenery will change as we head down towards the sea, but its all very easy going with views of Berwick-upon-Tweed while we pass through the iconic bridges. We may even be lucky enough to have an escort down the river from the local seal colony that hangs out near the bridges. The team will cook you a hot lunch overlooking the city walls. We'll get you back to the mini bus around 2pm on Sunday, after a stunning couple of days on the river.



0191 903 9936

[WWW.ALEXANDERADVENTURES.CO.UK](http://WWW.ALEXANDERADVENTURES.CO.UK)



# RIVER TWEED CANOEING ADVENTURE

## KIT LIST:

- **Swimming costume (for under wetsuit)**
- **Towel**
- **Shoes for the water (trainers)**
- **Shoes for around camp**
- **Warm clothes for around camp and for sleeping (hat and gloves)**
- **Sleeping bag**
- **Personal hygiene (toothbrush etc.)**
- **Re-usable water bottle**
- **Head torch**
- **Waterproof jacket**
- **Dry bags and all other water equipment you will need for the trip will be provided for you**

**0191 903 9936**

**WWW.ALEXANDERADVENTURES.CO.UK**

