

# MOUNT KENYA, AFRICA



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DISCOVER

# KENYA

Get ready for an exhilarating 8-day Mount Kenya adventure packed with breath-taking landscapes, thrilling hikes, and unforgettable wildlife encounters!

Mount Kenya, Africa's second-highest peak and a UNESCO World Heritage Site, stands proudly at an elevation of 5,199 meters (17,057 feet) above sea level. Located in central Kenya, this dormant stratovolcano offers an awe-inspiring and challenging trekking experience, drawing adventurers from around the world.

Following a trek up Mount Kenya, a perfect culmination to your adventure is an unforgettable safari experience. Kenya's renowned national parks and conservancies provide an opportunity to witness the untamed beauty of African wildlife up close.



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# TRIP HIGHLIGHTS

Embark on a thrilling and unforgettable adventure as you set your sights on conquering the majestic Mount Kenya! Here's why your journey to the roof of Africa's second-highest peak is bound to be nothing short of amazing:

- 1. Breath-taking Scenery:** Mount Kenya's diverse landscapes offer a visual feast for your eyes. From lush montane forests and sprawling moorlands to pristine glacial valleys and rugged rocky terrains, every step of the climb unveils awe-inspiring vistas.
- 2. Ecological Diversity:** As you ascend through different vegetation zones, you'll encounter a remarkable range of flora and fauna. The mountain is home to unique species like the giant lobelia and Senecio plants, and if you're lucky, you may spot wildlife like elephants, buffalo, and rare bird species.
- 3. Varied Climbing Routes:** With multiple trekking routes catering to different skill levels, Mount Kenya provides options for both seasoned mountaineers and adventurous beginners. Each route presents its own challenges and rewards, ensuring a personalized and thrilling experience for all climbers.



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**4. Stunning Peaks:** Mount Kenya features several peaks, with Point Lenana being the most popular for trekkers. Scaling the rugged terrain to reach the summit is an accomplishment to cherish for a lifetime, offering breathtaking panoramic views of the surrounding landscape.

**5. Acclimatisation Opportunities:** The ascent to Mount Kenya allows for proper acclimatization, which is crucial for your successful summit attempt. Trekking through various altitude zones and stopping at different campsites ensures your body adapts to the changing conditions.

**6. Cultural Encounters:** Interact with local communities living around Mount Kenya and learn about their rich traditions and customs. Experience their warm hospitality and gain insights into their way of life, making your journey not only a physical feat but also a culturally enriching experience.

**7. Team Spirit and Camaraderie:** Climbing Mount Kenya often involves joining guided group tours, fostering an atmosphere of teamwork and support among fellow climbers. Together, you'll share the challenges, celebrate the victories, and create cherished memories of conquering the mountain as a united team.



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# ITINERARY

## Itinerary:

**Day 01:** Nairobi Arrival & Drive to Base Camp (2900m)

**Day 02:** Trek to Lake Ellis (3450m)

**Day 03:** Trek to Lake Michaelson (4100m)

**Day 04:** Trek to Upper Simba Camp (4630m)

**Day 05:** Trek to Point Lenana (4985m)

**Day 06:** Continue Descent (3300m)

**Day 07:** Safari Adventure

**Day 08:** Final Farewells & Departure

## Day 1) - Arrive in Nairobi

Your journey begins with a pick-up from Nairobi Airport or your cosy hotel. We'll embark on a 4-hour drive to Chogoria town, and guess what? Along the way, we'll make a stopover for a delicious and refreshing lunch! Then, with excitement in the air, we continue our drive to the Chogoria gate, where our first camping site awaits at 2900m. But hold on, before we settle in, let's kickstart our acclimatisation with a short walk, immersing ourselves in the mountain's natural beauty. As the sun sets, we'll indulge in a scrumptious dinner under the starry sky, creating memories that will last a lifetime.

- **Lunch & Dinner Included**

## Day 2)

Rise and shine! At 7 am, we'll be up and ready to pack our bags, and by 7:30 am, it's breakfast time! Energized and fuelled up, we'll set off to our next camping haven, the picturesque Lake Ellis at 3450m, and the journey to this paradise is no ordinary one! We'll be passing through the mesmerizing Nithi waterfall, giving us a sneak peek of the wonders that lie ahead. But that's not all - lunch at the Roadhead at 3300m will recharge our spirits for the final leg of the day. With joyful hearts, we'll reach Lake Ellis, where we'll unwind, share stories, and indulge at dinner before resting under the star-filled sky.

- **Breakfast, Lunch & dinner included**

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## Day 3)

The excitement continues! After a hearty breakfast, we're off to Lake Michaelson (4100m) nestled in the stunning Gorges Valley. The journey to this gem is nothing short of a thrilling adventure! Lunch en route will fuel our spirits as we march forward, embracing the grandeur of Mount Kenya. When the sun sets, we'll gather around the campfire, exchanging laughter and relishing a satisfying dinner as the sun sets around us.

- **Breakfast, Lunch & dinner included**

## Day 4)

Good morning, adventurers! Today, we'll walk to the Upper Simba tarn camp, where we'll be greeted with majestic views and a hearty lunch. In the afternoon, let's take it easy and indulge in a relaxing stroll to a higher spot, marvelling at the magnificent vistas. Then, as the sun bids farewell, we'll return to our cosy camp for dinner and a night filled with tranquillity at 4630m.

- **Breakfast, Lunch & dinner included**

## Day 5)

Summit Day has arrived! Rise and shine at 3 am and let the adrenaline flow as we embark on a thrilling ascent to Point Lenana at a staggering 4985m. The pre-summit buzz will be enhanced with a light and refreshing tea or coffee. Reaching the summit at sunrise will be an awe-inspiring moment, perfect for capturing incredible photos and jubilant memories. After this triumphant feat, we'll descend to Shipton's camp for a well-deserved breakfast. Later, we'll head to a lower altitude camp around 4000m for a delightful dinner and a night of contentment.

- **Breakfast, Lunch & dinner included**

# ITINERARY

## Day 6)

As the sun rises, we'll savour a delightful breakfast, fuelling up for our descent to the last camp at 3300m. Along the way, we'll cherish the camaraderie built during our incredible journey.

- **Breakfast, Lunch & dinner included**

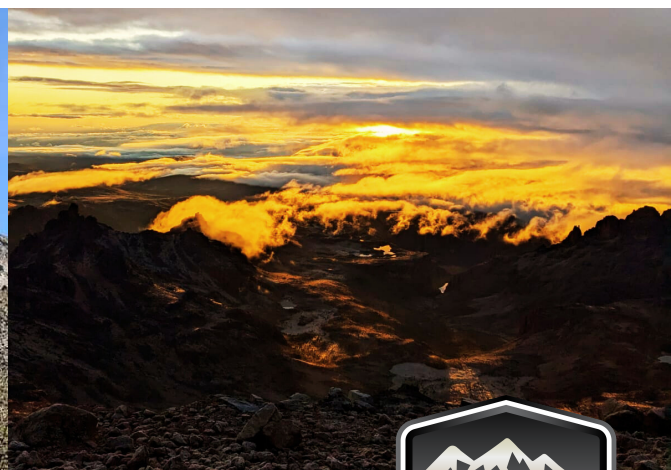
## Day 7)

Time for an exciting safari adventure! We'll embark on a wildlife expedition, hoping to spot the renowned big five. As the day winds down, we'll pamper ourselves by spending the evening in a luxurious lodge. The celebration continues with a grand final Kenyan meal, relishing the incredible days we've had in the heart of Africa.

- **Breakfast included**

## Day 8)

After a hearty breakfast and a bit of souvenir shopping, it's time to bid farewell to this extraordinary experience. With hearts full of cherished memories and new friendships, we'll be ready to fly back home, carrying the spirit of Mount Kenya's adventure with us.



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# COST BREAKDOWN

## COST INCLUDES

- All in-country transport
- Mountain Range park fees
- Guides, porters, cooks
- UK Leader/medic
- Safely back-up systems
- Satellite emergency beacon
- All meals while on the mountain
- All accommodation (tents and lodges)
- Camping Equipment (tents, chairs, toilet & Kitchen tent)
- Photos & Film of trip
- Trekking t-shirt

## COST EXCLUDES

- International flights to/from Nairobi
- Travel Insurance
- Food and Accommodation outside of trip
- Trekking/climbing clothing
- Tips for the local team