

# LOFOTEN SEA KAYAKING EXPEDITION



0191 903 9936

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# AN ADVENTURE YOU WILL NEVER FORGET!

Experience sea kayaking in the land of the midnight sun and paddle amidst some of the most spectacular mountain and sea seascapes on the planet. The Lofoten archipelago is just stunning, with sheer cliffs, spectacular mountains, sandy beaches and 24-hour daylight. We run just a handful of trips per year to this unique venue with limited places, so don't miss out!

Sea kayak through stunning scenery, camp on beautiful beaches and explore little coves and sheltered bays. Our experienced guides will ensure you have a safe and enjoyable trip, providing all the equipment and instruction you need. No experience is necessary, but you should be fit enough to paddle for up to 6 hours per day.

Take on this challenging expedition and explore one of the most beautiful places on earth by sea kayak!

Places are based at a maximum of 10 guests, once we have received your deposit you are on the trip!

## **Suitable for:**

This is an expedition-style adventure, so you need to be in good physical shape for it and additionally have some experience paddling. We'll provide training before the trip but its essential that you're happy paddling for each day. Please email or call us for more information.



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# MIDSUMMER IN LOFOTEN

When you paddle along the Lofoten islands, it feels like you're a world away from everything. The rocky peaks and sheer waterfalls are breathtaking, and sandy beaches offer the perfect spot for a wild camp. You can sit in this mesmerizing scenery, talking about the day and eating freshly made, home cooking. It's an adventure you'll never forget!

Our expeditions in the archipelago are the perfect way to see some of the most amazing wildlife on Earth. Puffins, Sea Eagles, and other arctic animals make their homes in the deep fjords, and our expeditions take place in summer where they're most active. We'll work with local weather experts to decide the best route and plan for each day as we go, making sure you get the most out of your expedition.

We'll spend several days paddling into the fjords and exploring the mountains, wild camping along the way. Days can be long, but we'll make the most out of your time here. And since there is 24 hours of sunlight, we're not constricted by the clock!

This trip is limited to a few dates mid-summer, so don't miss your chance. Places are limited, so it's sure to be a friendly and easy-going expedition. Sign up now and let's explore the Norwegian wilderness together!



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# TYPICAL DAY ITINERARY

## Travel day:

Fly UK to Oslo to Bodo is the perfect expedition for you. You can take the fast boat or the short 30-minute flight to Svolvær, which is the starting point of our trip. Alternatively, you can take the train to Bodo if you've got the time. Either way, you're in for an unforgettable experience.

## Days one to six:

On the morning of our expedition, we pack our kayaks and paddle off to our first night of wild camping. Each day on our expedition is going to be planned based on the weather conditions, making each day an adventure. We love camping in the stunning Trollfjorden area!

## Need some advice on the travel options in Norway or from the UK?

Getting north of the Arctic circle is relatively easy by air, rail, and ferry links all the way. Widerøe and SAS airlines fly within Norway and from some parts of the UK. Ryanair and Norwegian go to Oslo from the UK allowing you to take flights North from there. If you've got a bit more time, then take the excellent but slow, train journey up the coast of Norway to arrive in Bodo where you can use a ferry or air to get to your destination- Svolvær, in Lofoten. We have plenty of advice available on the best travel options so just drop us an email and we hope to meet you in Lofoten in summer 2023.

**Important:** If you are short of time and want to fly, then please be aware the further North you travel into the Arctic, the smaller the aircraft gets. This means that it is often very difficult or almost impossible to get seats close to our expedition dates. Most people are booking this trip, and therefore their flights up to 8-12 months in advance. Trains and ferries are usually easy to book, though slower- great if you have the holiday time!

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# A ONCE IN A LIFETIME EXPERIENCE

## Included:

- All guiding and instructing
- Sea kayaks
- Paddling jackets
- PDF, deck, paddle, and kayak supplied
- Meals during your expedition
- x2 large dry bags
- Tents
- Cooking equipment
- Emergency back-up systems (PLB)
- Satellite tracking for family and friends
- UL sea kayak and rescue training day
- GoPro footage
- Pre expedition trade deals
- First and last night campsite fees
- Free 7L dry bag

## Not included:

- International travel
- Personal clothing
- Sleeping bag, mat
- Meal on the first and last night
- Any activity outside of the trip
- Travel insurance
- Alcohol



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## Travel insurance:

A copy of your travel insurance policy is a condition of the trip to make sure you are covered by a medical or personal accident insurance policy that includes repatriation to your home country.

Please use the link below:

<https://www.snowcard.co.uk/>

Please contact us for more details. Please also contact us about what policy you have chosen and send a copy of it, we will need details of the policy name, number and 24hr medical emergency telephone number of your insurance provider before the start of your trip.

## Payment and deposit:

Please submit your deposit as soon as possible to secure your place on this fantastic expedition! The full cost of the trip must be paid for at least 6 weeks prior to the expedition.

**Visa-** check your visa requirements before the trip.

## Vaccination information regarding Covid-19:

Please use the government website to check your entry/vaccination requirements before the trip. Please also be aware that any requirements could change before the trip, so it is your responsibility to keep up to date with this information.



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# SPEND SOME TIME IN LOFOTEN

## Equipment list:

- Sleeping bag, 3-4 season
- Sleeping mat (tents will be provided)
- A water bottle (a re-usable one, not a plastic one)
- Suncream, cap/hat, sunglasses
- Pj's
- T-shirts, trousers, shorts
- Warm layers for evenings (e.g. jackets, soft shells, jumpers)
- Waterproof coat
- Water shoes (old tainers are great for this)
- Shoes for camping (trainers)
- Swimming costume (for under wetsuit)
- Personal hygiene and toiletries: toothbrush, toothpaste ect



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