

FATFIELD TO ROKER, RIVER WEAR



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INTRODUCTION

THE RIVER WEAR

A kayak journey on the River Wear offers a unique blend of history, nature, and adventure. Whether you're a beginner or an experienced kayaker, the river has something to offer for everyone. Enjoy your paddling adventure and the beautiful landscapes of the River Wear!



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SPEND SOME TIME ON THE RIVER WEAR

The River Wear's diverse wildlife adds to the charm of your kayak journey, providing opportunities for birdwatching and a chance to connect with the natural environment. Remember to observe wildlife from a respectful distance to avoid disturbing their natural behaviors and habitats



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WHAT DO YOU NEED TO BRING

THE RIVER WEAR

We will provide all safety and protective equipment for your days activity, so you only need to bring the following with you to enjoy your day:

- A warm towel
- Changing robe (optional)
- An old pair of trainers or water shoes (No crocs or flipflops)
- Swimsuit for under your wetsuit
- Lunch or snacks for the day
- Water bottle and or a flask with a hot drink
- A floating glasses strap for glasses wearers
- We recommend you leave your mobile phone off the water, but if you do wish to bring it we recommend a waterproof case



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WHAT YOU NEED TO KNOW

THE RIVER WEAR

Timings and Logistics:

- You will receive an email from the office team prior to your adventure to advise on meetings time etc
- Times can differ based on tide and weather conditions

The meeting location for your adventure is:

- Potato Garth, Roker 
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