

CANOE EXPEDITION KIT LIST



0191 903 9936

WWW.ALEXANDERADVENTURES.CO.UK



CANOE EXPEDITION KIT LIST

Packing for a canoe expedition requires careful planning to ensure you have everything you need while keeping your gear dry and organized. The specific items you pack may vary depending on the duration, location, and type of canoe expedition you're undertaking, but here's a general packing list to get you started:

Items marked with a  are linked to suitable options

Canoe and Paddling Gear: (Provided by Alexander Adventures)

- **Canoe:** set up for expedition paddling
- **Paddles:** One or two paddles per person, depending on your preference.
- **PFD (Personal Flotation Device):** A properly fitted PFD for each participant.
- **Wetsuit**
- **Waterproof Cag**
- **Dry Bags**

Camping Gear: (Provided by Alexander Adventures)

- **Tent:** Lightweight and appropriate for the number of people in your group.
- **Sleeping Mats**
- **Tarp or Groundsheet:** Provides extra protection for your gear and campsite.
- **Camp Chairs (optional):** Lightweight, portable chairs for added comfort.

Camping Gear:

- **Sleeping Bags:** Suitable for the expected temperatures.
- **Air Mattresses:** For insulation and comfort.
- **Camp Pillow**

Clothing:

- **Quick-Dry Clothing:** Lightweight, moisture-wicking clothing suitable for the weather.
- **Sun Protection:** Wide-brimmed hat, sunglasses, and sunscreen (SPF 30+).
- **Rain Gear:** Waterproof jacket and pants to stay dry in wet conditions.
- **Footwear:** Closed-toe water shoes or trainers with good grip.
- **Neoprene Booties:** Insulated booties for colder conditions.
- **Swimsuit:** For swimming or wading.
- **Insulating Layers:** Depending on the season and location.

0191 903 9936

WWW.ALEXANDERADVENTURES.CO.UK



CANOE EXPEDITION KIT LIST

Items marked with a  are linked to suitable options

Personal Items:

- **ID and Documentation:** Identification, permits, and emergency contact information.
- **Cash:** For emergency use and any purchases along the way.
- **Mobile Phone:** In a waterproof case or dry bag.
- **Toiletries:** Toothbrush, toothpaste, biodegradable soap, and a small towel.
- **Insect Repellent:** To protect against bugs.
- **Water Bottles:** Large containers for storing and purifying water.
- **Water Purification:** Filters, tablets, or a purification system.
- **Maps and Charts:** Waterproof maps of your route.
- **First-Aid Kit:** Including bandages, antiseptics, pain relievers, and any necessary prescription medications.
- **Repair Kit:** For patching up gear
- **Multitool or Knife:** Handy for various tasks.
- **Headlamp or Flashlight:** With extra batteries.
- **Power Bank:** For recharging devices during your trip.

Optional Extras:

- **Fishing Gear:** If you plan to fish during your expedition.
- **Binoculars:** For wildlife and scenery observation.
- **Camera and Accessories:** For capturing memories.
- **Entertainment:** A book, journal, or deck of cards for downtime.

Remember to pack efficiently and distribute weight evenly in the canoe to maintain stability. Waterproof dry bags or dry boxes are essential to keep your gear dry in case of capsizing or rain. Always check the specific requirements and



0191 903 9936

WWW.ALEXANDERADVENTURES.CO.UK

