

SECONDARY SCHOOLS



0191 903 9936 www.alexanderadventures.co.uk ALEXANDER ADVENTURES www.alexanderadventures.co.uk

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At Alexander Adventures we bring you the very best in adventure sports from canoeing, paddleboarding, archery, coasteering and much more.

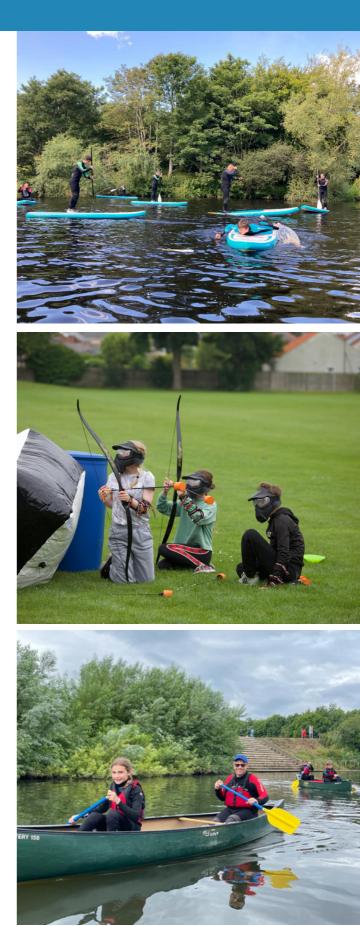
We provide high-quality, accredited outdoor sessions for young people. Engaging in outdoor activities is not only good for the mind and body but also boosts confidence whilst learning new skills and gaining experience within the sector. With our outstanding instructors and wide variety of activities you can be sure of an adventure experience of a lifetime.

We have a vast experience of facilitating residential adventure programmes both in UK and overseas.

Our outdoor activities for secondary schools are suitable for Year 7 and above and cater for all ages and abilities. You can choose from a wide range of options, from onsite to delivery to off-site and residental packages.

All our team members are qualified outdoor leaders who believe that outdoor learning is an invaluable part of your students' learning. Rest assured; we hold an AALA license for all the licensable activities that we offer.

Our secondary school activities focus on skills such as cooperation, communication and teamwork, which can be useful for students struggling with the primary-secondary transition.



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We offer:

- Half-day packages from £20.00pp
- Full-day packages from £35.00pp
- After-school clubs from £10.00pp
- Curriculum support

All our activities and packages can be tailored to the needs of your school, please let us know your requirements and we would be happy to accommodate you.

Please see below list for a selection of some of the activities we offer:

Water-based

- Paddleboarding
- Canoeing
- Kayaking
- Coasteering
- Gorge Walking
- British Canoeing Awards

Land-based

- Orienteering
- Bushcraft & Survival
- Archery
- Tag Archery
- Problem solving
- Mountain walking
- Rock climbing
- Overnight expeditions







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SAMPLE ITINERARY

STUDENTS SPLIT INTO 3 SUB GROUPS

GROUP A **GROUP B** 10:00AM - 10:15AM **ARRIVAL & BRIEFING** 10:15 - 11:45AM PADDLEBOARDING MEGA SUP 11:45 - 12:15PM PROBLEM SOLVING 12:15 - 12:45PM LUNCH LUNCH 12:45PM - 13:45PM CANOEING 13:45PM - 14:45PM MEGA SUP CANOEING 14:45PM - 15:00PM PACK UP & DEPART

GROUP C

10:00AM - 10:15AM	ARRIVAL & BRIEFING
10:15 - 11:45AM	CANOEING
11:45 - 12:15PM	MEGA SUP
12:15 - 12:45PM	LUNCH
12:45PM - 13:45PM	PADDLEBOARDING
13:45PM - 14:45PM	PROBLEM SOLVING
14:45PM - 15:00PM	PACK UP & DEPART

ARRIVAL & BRIEFING PADDLEBOARDING PROBLEM SOLVING PACK UP & DEPART

GROUP D

ARRIVAL & BRIEFING PROBLEM SOLVING CANOEING LUNCH MEGA SUP PADDLEBOARDING PACK UP & DEPART

The above table is a sample programme of one of our watersports and problem solving activity days. We always aim to offer a variety of activities to ensure everyone is engaged throughout the course of the day, trying new things and developing skills.

If you would like to discuss what we can offer your school please complete the below and one of our team will get back to you soon.

Alternatively, please give us a call on 0191 903 9936