







**0191 903 9936**WWW.ALEXANDERADVENTURES.CO.UK

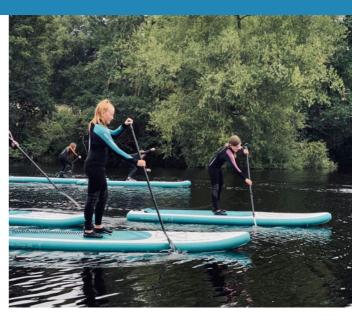
At Alexander Adventures we bring you the very best in adventure sports from canoeing, paddleboarding, archery, coasteering and much more.

We provide high-quality, accredited outdoor sessions for young people. Engaging in outdoor activities is not only good for the mind and body but also boosts confidence whilst learning new skills and gaining experience within the sector. With our outstanding instructors and wide variety of activities you can be sure of an adventure experience of a lifetime.

We have a vast experience of facilitating residential adventure programmes both in UK and overseas.

Our primary school outdoor activities are suitable for children in Year 2 and above and cater for all abilities. Our team is made up of highly qualified activity leaders who believe that outdoor learning is an invaluable part of your students' learning. Rest assured; we hold an AALA licence for all the licensable activities that we offer.

Our activities and packages can be delivered onsite at your school or off-site, dependent on the activity. We have lots of options to choose from, with a huge variety of activities available. Our primary school options focus on skills such as resilience, problem solving, planning, and leadership.







We can offer a wide range of packages and activities and these can be tailored to the needs of your school, please let us know your requirements and we would be happy to accommodate you.

Please see below for the list of the activities we offer for different year groups:

### Year 2/3

- Bushcraft & Survival
- MEGA SUP
- Problem solving
- Rafted canoeing
- Archery

### **Year 4/5**

- Bushcraft & Survival
- MEGA SUP
- Paddleboarding
- Canoeing
- Rafted canoeing
- Problem solving
- Archery
- Orienteering







## Year 2/3

- Bushcraft & Survival
- MEGA SUP
- Problem solving
- Rafted canoeing
- Archery

## **Year 4/5**

- Bushcraft & Survival
- MEGA SUP
- Paddleboarding
- Canoeing
- Rafted canoeing
- Problem solving
- Archery
- Orienteering
- Mountain walking
- Mini expeditions
- Rock climbing

Please read on for a sample itinerary...







### SAMPLE ITINERARY

STUDENTS SPLIT INTO 3 SUB GROUPS

#### **GROUP A**

10 - 10:15AM TEAM BRIEFING
10:15 - 11:45AM PROBLEM SOLVING
11:45 - 12:15PM LUNCH
12:15 - 13:45PM TAG ARCHERY

13:45PM - 3:15PM TARGET ARCHERY

#### **GROUP B**

TEAM BRIEFING
PROBLEM SOLVING
LUNCH
PROBLEM SOLVING
TAG ARCHERY

The above table is a sample programme of one of our on-site Archery and problem solving activity days. We always aim to offer a variety of activities to ensure everyone is engaged throughout the course of the day, trying new things and developing new skills.

If you could like to discuss what we can offer your school please complete the below and one of our team will get back to you soon.

Alternatively, please give us a call on 0191 903 9936.